

NATSAP FAMILY THERAPY TRAINING INSTITUTE - 2019

Learning Objectives

- Day 1 - Participants will be able to identify the Axioms of Commination Theory.
- Participants will be able to become familiar with General Systems Theory as it related to dyadic relationships.
 - Participates will become familiar with the techniques of family sculpting.
- Day 2 - Participants will be able to practice therapeutic skill that lead to second order change in patients.
- Participants will become familiar with treading dyadic and multi-dyadic relationships through the epistemology of system theory.
 - Participants will become familiar with viewing psychopathology as a result of maladaptive relationships.
 - Participants will become familiar with the interactive variables of control in a relationship.
 - Participants will become familiar with the techniques of directive Therapy within the larger system of family therapy.
 - Participants will become familiar with strategic techniques (i.e. reframing, making to covert overt, the bellac ploy, utilizing resistance).